

A1	Listening	Reading	Oral interaction	Oral production	Writing
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A1.1	<ul style="list-style-type: none"> I can understand simple personal questions about myself. I can understand simple basic greetings. I can understand very simple instructions and tasks. I can understand very simple words and descriptions. 	<ul style="list-style-type: none"> I can understand very simple written instructions. I can understand certain expressions and very simple sentences in very simple texts. I can understand a very simple invitation. 	<ul style="list-style-type: none"> I can say that I do not understand or that I do not know. I can tell people my name and I can ask other people their name. I can talk to someone using simple words. I can use basic greetings to say hello or goodbye, see you tomorrow. 	<ul style="list-style-type: none"> I can name some very common objects such as foods, drinks, clothing and body parts. I can count out loud from 1 to 100. I can share simple information about myself (name, age, address). I can say where I live. I can spell my name out loud. 	<ul style="list-style-type: none"> I can write very familiar words. I can write very simple, short sentences using a model. I can fill in a simple form with my personal information.
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A1.2	<ul style="list-style-type: none"> I can understand simple messages if people speak very slowly and use very simple words. I can understand simple descriptions (e.g., color, number and size). I can understand simple directions if people speak very slowly and very clearly. I can understand numbers, prices and times. 	<ul style="list-style-type: none"> I can read a very simple, very short text. I can find simple, important information on posters. I can understand a simple form well enough to know where to add my basic information. 	<ul style="list-style-type: none"> I can greet people of all ages respectfully. I can ask and answer simple questions about very familiar topics if people help me. I can indicate time with simple expressions like tomorrow or next week. I can ask for simple directions. 	<ul style="list-style-type: none"> I can introduce myself and other people. I can give basic information about my school, my class or my family. I can describe what I like and what I don't like. I can talk about the weather and the seasons using very simple sentences. 	<ul style="list-style-type: none"> I can write very simple messages and questions. I can write information about myself in a short letter or email. I can write a very simple description about something I know well.
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A2	Listening	Reading	Oral interaction	Oral production	Writing
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<p>A2.1</p> <ul style="list-style-type: none"> I can understand simple information and questions about personal topics or my interests. I can understand what people say to me in short, simple conversations if they speak clearly and slowly. I can understand short stories or presentations if people speak clearly and slowly. I can understand a short, simple text if I know the main words and ideas. 	<ul style="list-style-type: none"> I can understand most of what I read in short, simple texts on familiar subjects. I can understand the main ideas in short, simple texts. I can follow much of a simple short story. I can understand most descriptions of people, places or situations. 	<ul style="list-style-type: none"> I can wish someone a happy birthday and respond to other greetings. I can ask simple, familiar questions and react to what other people say. I can make and accept invitations, or refuse them politely. I can ask and answer simple questions about past events. 	<ul style="list-style-type: none"> I can talk about my favorite foods, music, sports and clothes. I can talk briefly about things I am going to do on the weekend. I can describe my activities, my daily routines, my hobbies and my interests. I can talk about something I know well: a sports team, a band, a hobby. 	<ul style="list-style-type: none"> I can write about people and things I know well using simple sentences and expressions. I can explain where I live and how to get there with the help of a drawing or simple map. I can write the beginning or continue a story or simple text by following a model. I can write and connect simple sentences using words such as: and, or, but, because.
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<p>A2.2</p> <ul style="list-style-type: none"> I can understand simple directions if the route is explained slowly and clearly. I can follow simple, concrete instructions especially if there is a demonstration. I can understand a simple recording about a topic I know. I can understand simple advertisements. 	<ul style="list-style-type: none"> I can identify some of the main information in short, simple factual texts where numbers, names, illustrations are very important. I can find important information in short written instructions or rules. I can understand the main points in a variety of texts. I can understand a personal letter or email where the person is writing about familiar subjects or asking me questions. 	<ul style="list-style-type: none"> I can explain to someone how to go to a particular place. I can maintain simple conversations about familiar topics. I can ask for and give simple opinions, and agree or disagree in a simple way. I can ask and answer simple questions about events in the future. 	<ul style="list-style-type: none"> I can describe the places, seasons, objects or activities I like best and briefly explain why. I can share information on celebrations, traditions and other special events. I can use most numbers without hesitation (e.g. time, years and prices). I can describe past activities, events and personal experiences, as well as further ones. I can summarize simple stories using the language used in the story. 	<ul style="list-style-type: none"> I can describe objects, places and people using a variety of simple sentences. I can write about events and experiences by describing what happened, when and where. I can write simple stories or texts on familiar subjects and I can connect my ideas.
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B1	Listening	Reading	Oral interaction	Oral production	Writing
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B1.1

- I can generally understand the main points of discussions on familiar topics when people speak clearly.
- I can understand simple technical information, such as instructions for familiar devices.
- I can generally understand the main points in short videos about familiar topics.
- I can follow a short oral story well enough to predict what will happen next.

- I can understand texts of varying lengths that contain familiar words and that relate to my interests.
- I can generally understand the main points in straightforward factual texts or news articles related to my interests.
- I can pick out important information on labels, like expiry dates or recommended use.
- I can understand simplified versions of novels and follow the storyline in short stories that are clearly structured.

- I can start, maintain and end simple face-to-face conversations about familiar topics or personal interests.
- I can express and respond to feelings and attitudes (surprise, happiness, sadness, frustration and indifference).
- I can give and compare my opinion in a conversation with friends.
- I can tell my teacher about my schoolwork and explain where I have difficulty.

- I can describe my dreams, hopes and goals.
- I can talk about my experiences, feelings and reactions in detail.
- I can briefly explain and justify my opinions.
- I can give a short prepared presentation on a familiar subject and answer clear questions.

- I can write short, creative texts on familiar topics without help.
- I can summarize simple texts dealing with familiar topics.
- I can write informal emails, notes or text messages to friends, relating news and giving or asking for simple information.
- I can describe an event and express my feelings and reactions.

B1.2

- I can understand and participate in everyday conversation if the accent is familiar to me.
- I can generally follow the main points of long discussions (if people speak clearly).
- I can follow classroom presentations (if the subject matter is familiar and well structured).
- I can follow most audio texts on topics of personal interest if people speak clearly.

- I can read and understand straightforward, factual texts on subjects relating to my own interests or to school subjects.
- I can understand short opinion texts.
- I can identify the main conclusion in texts which clearly argue a point of view.
- I can read simplified versions of novels and stories with minimal use of a dictionary or other reference tools.

- I can express my opinion on abstract topics, describe my reactions to them and ask other people what they think.
- I can say something is causing a problem and also explain why.
- I can give practical instructions on how to do something (e.g., making a pizza, using a bank machine or buying music online).
- I can complain effectively (e.g., to a salesperson if something is of poor quality or broken).
- I can have relatively long conversations on subjects of common interest.

- I can express and justify my opinion on different topics concerning everyday life.
- I can speak in a fairly fluid and comprehensible manner for a certain length of time. I sometimes pause to think about how to continue or to correct myself.
- I can talk in some detail about similarities and differences (e.g., between regions and texts, events).
- I can summarize new information on familiar subjects from various sources and share it with others.

- I can write a variety of texts on a range of familiar subjects by linking a series of elements (e.g., paragraphs or ideas) into logical sequence.
- I can express my opinion on abstract or controversial issues, provided that I know the specific vocabulary related to the topic.
- I can write a text on current events that interest me (e.g., climate change, human rights, etc.) and highlight what is particularly important to me.
- I can write standard formal letters following a model.
- I can take notes while listening.

B2	Listening	Reading	Oral interaction	Oral production	Writing
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<p>B2.1</p> <ul style="list-style-type: none"> I can understand the main ideas of complex speech on concrete and abstract topics. I can follow formal, complex, academic presentations. I can follow most audio texts and identify the mood or tone of the people speaking (if standard language is used). I can understand what is said to me in standard spoken language. 	<ul style="list-style-type: none"> I can read fairly independently using a dictionary as needed. I can recognize whether a text provides factual information or if it seeks to persuade readers. I can read short stories and novels written in a clear and standard language and style, using a dictionary as needed. I can understand most correspondence that I receive. I can read texts that express specific points of view (political commentary, critiques of exhibits or movies, etc.). 	<ul style="list-style-type: none"> I can participate in lengthy discussions, expressing my points of view, ideas or feelings clearly and regularly. I can sustain my opinions in a discussion providing relevant explanations, arguments and comments. I can find out and share detailed information (face-to-face and on the phone), asking follow up questions and seeking clarification or more details as needed. I can generally express myself naturally, fluidly, and effectively in conversations. I can discuss and evaluate advantages and disadvantages and participate in formal and informal discussions and participate in reaching a decision. 	<ul style="list-style-type: none"> I can present information in a clear systematic manner and appropriately highlight the main points and important details. I can give a detailed account of my own experiences describing emotions that I have felt and the way I have reacted. I can develop a clear argument, linking my ideas logically and expanding and supporting my points with appropriate examples. I can summarize information and arguments from a number of sources (articles, reports, discussions, interviews, presentations, etc.). I can talk for a relatively long time on familiar subjects describing and comparing some aspects in detail. 	<ul style="list-style-type: none"> I can write detailed essays, reports and summaries on numerous subjects that interest me; I can provide information, present and compare different positions and express my own thoughts. I can express my opinion in a variety of formats by presenting arguments for or against on issues that interests me. I can complain in writing about things which are unsatisfactory and ask for an appropriate follow up. I can express news, views and feelings effectively when writing or responding to others.
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<p>B2.2</p> <ul style="list-style-type: none"> I can generally understand people I am talking to, even in a noisy environment. I can follow a lively conversation between two experienced speakers. I can follow lectures and presentations in my fields of experience or interest (even if the organization and language are both complex). I can understand viewpoints and attitudes in discussions on social, professional or academic subjects. I can understand announcements, instructions, telephone messages, even when they are quickly spoken. I can understand in detail a variety of television shows and movies, even if some idiomatic expressions and slang are used. 	<ul style="list-style-type: none"> I have a broad active reading vocabulary which means I can read with a large degree of independence, adapting style and speed of reading to different texts and purposes. I can read and understand factual texts and specialized articles dealing with subjects I am not familiar with (provided that I can consult reference tools). I can quickly scan through long and complex texts on topics of interest to locate relevant details. I can understand long, complex, detailed instructions related to my fields of study. 	<ul style="list-style-type: none"> I can interact fluently, effectively and fairly accurately on a wide range of familiar subjects. I can express my ideas and opinions precisely and put forward persuasive arguments; I can also respond to complex arguments put forward by others. I can interact appropriately in an emergency situation (e.g., calling 911 or the police; getting medical or first aid help). I can express, negotiate and respond sensitively to feelings, attitudes, opinions, tone and viewpoints of others. 	<ul style="list-style-type: none"> I can give clear, well-developed, detailed descriptions on a wide range of subjects related to my interests expanding and supporting my ideas with supplementary points and relevant examples. I can develop an argument systematically, highlighting significant points and details. I can give a clear, well-structured presentation, highlighting significant points and I can answer questions about the content. I can depart spontaneously from a prepared presentation to follow up on interesting points raised by members of the audience. 	<ul style="list-style-type: none"> I can write clear detailed texts on a variety of subjects (related to my field of interest) by synthesizing and evaluating information and arguments from a number of sources. I can use a range of language and sentence structures to express abstract ideas, current issues and events, correcting most of my mistakes in the process. I can write texts that convey degrees of emotion and highlight the personal significance of events and experiences. I can write detailed descriptions of events and experiences, real or imaginary, clearly linking ideas and respecting the characteristics of the genre.
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C1

Listening



Reading



Oral interaction



Oral production



Writing



C1.1

- I can follow most talks, lectures, discussions and debates regardless of topic or complexity.
- I can understand complex technical information or procedures (e.g., instructions for operating machines or devices, and specifications for products and services).
- I can easily follow most films and media which contain a large amount of slang and a wide range of idioms.
- I can easily follow complex interactions in group discussions and debates, even on abstract and unfamiliar topics.
- I can generally understand everybody I talk to (though I may need to confirm some details, especially if the accent is unfamiliar).

- I can understand in detail a wide range of lengthy, complex texts likely to be encountered in social, professional or academic life.
- I can understand lengthy, complex instructions (e.g. formal procedures in an academic or health context), including details on conditions and warnings, as long as I can reread difficult sections.
- I can scan relatively quickly through books and articles within my field of interest and assess their relevance to my needs.
- I can understand complex texts where stated opinions and implied points of view are discussed.

- I can express myself fluently and appropriately, adopting a level of formality appropriate to the circumstances and my relationship with the person with whom I am speaking.
- I can understand and exchange complex, detailed information on topics with which I am not personally familiar, pinpointing key areas where further explanation or clarification is needed.
- I can keep up with lively discussions on abstract and complex topics involving a number of speakers and interject effectively.
- I can use the telephone (audio-conferencing, etc.) for a variety of complex purposes (e.g., solving problems, making transactions and purchases, clarifying misunderstandings, etc.) although I may need to ask for some clarification if the accent is unfamiliar.

- I can combine information from different resources and present it in a coherent summary.
- I can summarize long, challenging texts.
- I can give a clear, well-structured presentation on complex subjects in my field of study, expanding and supporting my point of view with appropriate reasons and examples.
- I can develop a persuasive argument in a well-structured speech highlighting significant points and concluding appropriately.
- I can give clear, well-structured, detailed descriptions of complex subjects.

- I can write clear, well-structured texts on complex topics using an appropriate style.
- I can write clear, detailed, well-developed short stories and descriptions of personal experiences.
- I can present points of view in a paper, developing an argument, highlighting the most important points, and supporting my reasoning with examples.
- I can express myself clearly and appropriately in personal correspondence, describing experiences, feelings and reactions in depth.
- I can express myself fluently and accurately on a wide range of topics (personal, academic or professional).

C1

Listening



Reading



Oral interaction



Oral production



Writing



C1.2

- I can understand a wide range of idiomatic expressions and colloquialisms, appreciating shifts in style and register.
- I can understand everybody I talk to, given the opportunity to occasionally confirm something, especially if the accent or dialect is non-standard and unfamiliar.
- I can follow lectures, presentations and demonstrations with relative ease, making decisions about what to write down and what to omit as the lecture proceeds, in order to ask detailed questions.
- I can easily follow films and media which contain a large amount of slang and idiomatic usage.

- I can understand complex reports, analyses and commentaries in which opinions, viewpoints and connections are discussed, and recognize contradictions, inconsistencies, or illogical arguments.
- I can understand the details of lengthy, complex texts, whether or not they relate to my area of specialization.
- I can scan quickly through a variety of sources both within and outside my field and assess their relevance to my needs.
- I can appreciate shifts of tone and style in contemporary literary texts and recognize their significance.
- I can understand any formal or informal correspondence.

- I can fully participate in an interview (either as interviewer or as interviewee), fluently expanding and developing points of discussion, and handling interjections with confidence.
- I have a good understanding of humour, irony and implicit cultural references. I can easily keep up with and contribute to an extended debate on an abstract and complex topic, even if it is unfamiliar to me, and people speak simultaneously.
- I can formulate a convincing argument and respond to questions, comments and complex counter arguments fluently, spontaneously and appropriately.

- I can give an elaborate description or account of an experience or topic of relevance, integrating themes, developing particular points and concluding appropriately.
- I can confidently put forward a systematically developed argument, taking account of the audience's perspective, and selecting appropriate supporting examples.
- I can give a clear, well-structured presentation of a complex subject, expanding and supporting points of view with reasons and relevant examples.
- I can confidently handle detailed questions and spontaneously follow up and reiterate points raised by members of the audience.
- I can orally summarize information from different sources, selecting the most salient and relevant ideas, and reconstructing arguments in a coherent presentation.

- I can write well-structured texts which show a high degree of grammatical control and I can vary the vocabulary and style according to the kind of text and the topic.
- I can write clear, detailed, well-developed descriptions in a confident, personal, style appropriate to the reader.
- I can write papers on complex topics, systematically developing an argument that highlights the main issues, supports points with relevant examples and details, and finishes with an appropriate conclusion.
- I can express myself with clarity and precision in personal correspondence, using language flexibly and effectively, in an emotional, allusive or humorous style.

C2

Listening



Reading



Oral interaction



Oral production



Writing



C2

- I can understand any kind of spoken language, whether live or broadcast, delivered at any speed, even in a noisy environment.
- I can appreciate irony and sarcasm and draw appropriate conclusions about their use.
- I can understand any speaker, given an opportunity to adjust to the accent or manner of speaking.
- I can follow debates, discussions, specialized lectures and presentations that contain a high degree of colloquial expressions, regional usage or unfamiliar terminology.
- I can fully understand podcasts, webinars, and videos, appreciating the humor, nuance and implied meaning.

- I can understand any kind of text, including those written in a very colloquial style, written ambiguously, or containing idiomatic expressions or slang.
- I can scan quickly through complex texts covering a broad variety of genres, including unfamiliar ones; I can refer to several texts at the same time to extract information from them.
- I can understand and critically interpret classical and contemporary literary texts representing different genres.
- I can understand complex reports, manuals and contracts including finer shades of meaning, plus issues that are implied rather than stated.
- I can easily understand any formal correspondence, including specialized or legal matters.

- I can converse comfortably, appropriately and without limitations in casual conversation, at social events and in more formal discussions and debates.
- I can use irony and understatement in an appropriate manner.
- I can effectively manipulate nuances in order to emphasize, differentiate or eliminate ambiguity when arguing for or against a topic.
- I can hold my own in formal discussion of complex and specialized issues in my field, putting forward and sustaining articulate and persuasive arguments.

- I can give clear, fluid, elaborate and often memorable, or vivid, descriptions.
- I can argue a case on a complex issue, adapting the structure, content and emphases in order to convince particular listeners of the validity of my argument.
- I can give a fluid, elaborate presentation on a complex topic and can handle difficult, unpredictable and even hostile questioning.
- I can orally summarize information from different sources, reconstructing arguments and accounts accurately, coherently and concisely.

- I can produce text which is proof-read and organized in accordance with relevant conventions.
- I can write engaging narratives and descriptions in a clear, sophisticated style appropriate to the genre and purpose.
- I can write papers that thoroughly present the background and context, describing procedures and/or proposals, evaluating outcomes and drawing conclusions, using appropriate conventions throughout.
- I can write detailed, critical appraisals of socio-cultural events or literary works.
- I can write clear, smoothly-flowing complex texts (articles, reports or letters) in an appropriate effective style which helps the reader identify significant points.
- I can produce texts that demonstrate a high degree of lexical and grammatical accuracy. Errors are rare.